




ALF # 11835

JANUARY 2018

PLANNED ACTIVITIES ARE SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10:00 Card Games 1:30 Bridge Club (2 & 3 LR) 2:00 Mexican train (3-AR) 3:00 Wii Bowling (1-TR) 4:00 Games (3-AR) 6:15 At The Movies (2-LR)</p>	<p>2</p> <p>10:00 Games (3-AR) 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR) 3:00 Barb Makeovers (3-AR) 6:15 At The Movies (2-LR)</p>	<p>3</p> <p>9:15 Get Fit (1-TR) 10:00 Outing: Publix 11:00 Rummikub (3-AR) 2:00 Wii Bowling (1-TR) 2:00 Activities Com Meeting 3-DR 3:00 Games (3-AR) 6:30 At the Movies (2-LR)</p>	<p>4 Trivia Day</p> <p>10:00 Games (3-AR) 11:00 Trivia With Nancy 1:30 Bridge Club (3-LR) 3:00 Bible Study (3-AR) 4:00 Crafts with Jen (3-AR) 6:15 At The Movies (2-LR)</p>	<p>5</p> <p>10:15 Watercolor (3-AR) 2:00 Rummikub (3-AR) 3:00 Happy Hour (3-DR) 4:00 Scrabble (3-AR) 6:15 At The Movies (2-LR)</p>	<p>6</p> <p>9:00 Morning Exercise (1-TR) 10:00 Card Games (3-AR) 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR) 6:15 At The Movies (2-LR)</p>
<p>7</p> <p>9:00 Morning Exercise (1-TR) 10:30 Church Service (2-AR) 11:00 Catholic Service (3-AR) 2:00 Bingo (1-DR) 4:00 Wii Bowling (1-TR) 6:15 At The Movies (2-LR)</p>	<p>8</p> <p>9:15 Get Fit (1-TR) 10:00 Outing: Bank 1:30 Bridge Club (2 & 3 LR) 3:00 Mexican train (3-AR) 4:00 Games (3-AR) 6:15 At The Movies (2-LR)</p>	<p>9</p> <p>10:30 ENER G MEET & GREET (1-TR) 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR) 3:30 Wii Bowling (2-LR) 6:15 At The Movies (2-LR)</p>	<p>10</p> <p>9:15 Get Fit (1-TR) 10:00 Wellness day (3-AR) *Aegis Meet and Greet* 11:00 Rummikub (3-AR) 2:00 Cooking Demo w Laura (3-AR) 3:00 Dietary Com. Meeting (3-DR) 6:30 At the Movies (2-LR)</p>	<p>11</p> <p>8:30 Café Time W Linda/EnerG 10:00 MoonStruck The Movie 2nd Floor Living Room ■ ■ 1:30 Bridge Club Social (3-LR) 3:00 Bible Study (3-AR) 4:00 Creative Journaling (3-AR) 6:15 At The Movies (2-LR)</p>	<p>12</p> <p>8:30 Café Time W Linda/EnerG 10:00 Scrabble (3-AR) 11:00 Rummikub (3-AR) 11:15 Trip/Concert North Minster Church 3:00 Happy Hour (3-DR) 6:15 At the Movies (2-LR)</p>	<p>13</p> <p>9:00 Morning Exercise (1-TR) 10:00 Card Games (3-AR) 10:30 Bible Study (3-AR) 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR) 6:15 At The Movies (2-LR)</p>
<p>14</p> <p>9:00 Morning Exercise (1-TR) 10:30 Church Service (2-AR) 11:00 Catholic Service (3-AR) 2:00 Bingo (1-DR) 3:00 Pet Dress Up Day (1-LR) 6:15 At The Movies (2-LR)</p>	<p>15</p> <p>8:30 Café Time W Linda/EnerG 9:15 Get Fit (1-TR) 10:00 EnerG Sampler 11:15 EnerG Sampler 1:30 Bridge Club (2 & 3 LR) 3:00 Games (3-AR) 6:15 At The Movies (2-LR)</p>	<p>16</p> <p>8:30 Café Time W Linda/EnerG 10:00 EnerG Sampler 11:15 EnerG Sampler 2:00 Bingo (3-AR) 3:00 Gelato Social (3-AR) ■ ■ 3:30 Rummikub (3-AR) 6:15 At The Movies (2-LR)</p>	<p>17</p> <p>8:30 Café Time W Linda/EnerG 9:15 Get Fit (1-TR) 10:00 EnerG Sampler 10:00 Outing: Bed Bath & Beyond 11:15 EnerG Sampler 2:00 Resident Council Mtg. (3-DR) 3:00 Wii Bowling (1-TR) 6:15 At The Movies (2-LR)</p>	<p>18</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 EnerG Sampler 11:15 EnerG Sampler 1:30 Bridge Club (3-LR) 3:00 Bible Study (3-AR) 4:00 Crafts W Beth (3-AR)</p>	<p>19 POPCORN DAY! 1-C</p> <p>8:30 Men's Breakfast (2-AR) 8:30 Café Time W Linda/EnerG 10:15 Watercolor (3-AR) 10:00 EnerG Sampler 11:15 EnerG Sampler 11:15 Trip/Concert North Minster 3:00 Happy Hour (3-DR)</p>	<p>20</p> <p>9:00 Morning Exercise (1-TR) 10:00 Card Games (3-AR) 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR) 4:00 Rummikub (3-AR)</p>
<p>21</p> <p>9:00 Morning Exercise (1-TR) 10:30 Church Service (2-AR) 11:00 Catholic Service (3-AR) 2:00 Bingo (1-DR) 4:00 Wii Bowling (1-TR)</p>	<p>22</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 Outing: Wal-Mart 10:00 EnerG Sampler 11:15 EnerG Sampler 1:30 Bridge Club (2 & 3 LR) 4:00 Rummikub (3-AR)</p>	<p>23</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 EnerG Sampler 11:15 EnerG Sampler 2:00 Bingo (3-AR) 3:00 Pie Day (3-AR) 4:00 Mexican Train (3-AR)</p>	<p>24</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 EnerG Sampler 11:15 EnerG Sampler 11:30 Outing: Carrabba's Rest with Crystal! 3:00 New Resident Social (1-FI)</p>	<p>25</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 EnerG Sampler 11:15 EnerG Sampler 1:30 Bridge Club (3-LR) 3:00 Bible Study (3-AR) 4:00 Creative Journaling (3-AR)</p>	<p>26</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 EnerG Sampler 11:15 EnerG Sampler 11:15 Trip/Concert North Minster 3:00 Friends & Family! Taste of Italy! ■ ■</p>	<p>27</p> <p>9:00 Morning Exercise (1-TR) 10:00 Card Games (3-AR) 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR) 4:00 Rummikub (3-AR)</p>
<p>28</p> <p>9:00 Morning Exercise (1-TR) 10:30 Church Service (2-AR) 11:00 Catholic Service (3-AR) 2:00 Bingo (1-DR) 4:00 Wii Bowling (1-TR)</p>	<p>29</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 Outing: Bank 10:00 EnerG Sampler 11:00 EnerG Sampler 1:30 Bridge Club (2 & 3 LR) 3:00 Rummikub (3-AR)</p>	<p>30</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 EnerG Sampler 11:00 EnerG Sampler 2:00 Bingo (3-AR) 3:00 Ice Cream Social (3-AR)</p>	<p>31</p> <p>8:30 Café Time W Linda/EnerG 9:00 EnerG Fitness (1-TR) 10:00 Outing: Dollar Store/Target 10:00 EnerG Sampler 11:15 EnerG Sampler 2:00 Games (3-AR) 4:00 Rummikub (3-AR)</p>	<p><i>Activity Location Abbreviations:</i> 1st FI / 2nd FI / 3rd FI C=Cafe LR=Living Room DR=Dining Room AR=Activities Room TR=Therapy Room</p>	<p>Resident Store Information Hours Tuesdays, Saturdays & Sunday After Bingo at 3:00 pm Or call Laura at EXT. 308</p>	