



ALF #11835

OCTOBER 2025

PLANNED ACTIVITIES ARE SUBJECT TO CHANGE

✓ = Sign-up Required

Sunday

HAPPY OCTOBER BIRTHDAYS!!

4TH WENDY COSTANTINO
23RD JESSE MARTIN
24TH JANE PUSHCAR
24TH JAN OLYNYK
27TH NORMAN DERIX

Monday

HAPPY OCTOBER BIRTHDAYS!!

29TH PAT KING
29TH TYRONE JONES
29TH JOYCE MOILANEN
31ST ELINOR DUNN

Tuesday



Wednesday

- 9:30 Morning Stretch (2-AR)
- 10:30 October Collages (3-AR)
- 2:00 Performance by Lance Harvill (3-DR)



Thursday

- 9:30 Cardio Drumming (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 BINGO (3-DR)
- 3:15 Pool Tournament (2-LR)

Friday

- 9:30 Morning Stretch (2-AR)
- ✓ 10:15 OUTING: PUBLIX
- 2:00 Happy Hour with Shari Nadleman (3-DR)



Saturday

- 9:30 Games w/ Claire(3-AR)
- 10:30 Bayside Community Church Service Stream(1-LR)
- 2:00 Rosary Prayer w/ Catalina (2-AR)
- 3:00 Movie & Popcorn: Beetlejuice (1-LR)

- 10:15 Catholic Service (2-AR)

2:00 BINGO (3-AR)
3:00 Movie & Popcorn: Ghostbusters (1-LR)

- 9:30 Morning Stretch (2-AR)
- 10:30 Ghost Craft (3-AR)
- 1:30 Nail Painting (3-AR)



2:30 Rummikub Game (3-AR)

- 9:30 Meditation w/ Beth (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 BINGO (3-DR)
- 3:00 Ice Cream Social (3-DR)
- 3:15 Wii Bowling w /Linda (3-LR)

- 10:15 Catholic Service (2-AR)

2:00 BINGO (3-AR)
3:00 Movie & Popcorn: The Birds (1-LR)

- 9:30 Morning Stretch (2-AR)
- ✓ 10:15 OUTING: UTC MALL
- 1:30 Baking Club: Apple Cider Donut Cake (3-AR)



2:30 Rummikub Game (3-AR)

- 9:30 Corn Hole Game (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 BINGO (3-DR)
- 3:00 Ice Cream Social (3-DR)
- 3:15 Healthy Choices w/ Linda (3-AR)

- 9:00 AM-1:00 PM WALGREENS VACCINATION CLINIC (3-AR)
- 1:30 Dietary Meeting (3-AR)
- 2:00 Halloween Cookies w/ Laura (3-AR)



- 9:30 Meditation w/ Beth (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 BINGO (3-DR)
- 3:15 Pool Tournament (2-LR)



- 9:30 Halloween Cardio Drumming (2-AR)
- 10:30 Team Tony Cancer Foundation (3-AR)
- 2:00 Happy Hour Celebrating October Birthdays with Bobby & Brenda (3-DR)



- 9:30 Games w/ Claire (3-AR)
- 10:30 Bayside Community Church Service Stream (1-LR)
- 2:00 Rosary Prayer w/ Catalina (2-AR)
- 3:00 Movie & Popcorn: Young Frankenstein (1-LR)

- 10:15 Catholic Service (2-AR)

2:00 BINGO (3-AR)
3:00 Movie & Popcorn: The Twilight Zone (1-LR)

- 9:30 Morning Stretch (2-AR)
- 10:30 Name That Tune: Halloween Songs (3-AR)
- 1:30 Apple Tasting (3-AR)
- 2:30 Rummikub Game (3-AR)

- 9:30 Zumba w/ Oscar (2-AR)
- 10:30 fit minds (3-AR)
- 12:00 New Resident Lunch w/ Shannon (1-FL)
- 2:00 BINGO (3-DR)
- 3:00 Ice Cream Social (3-DR)
- 3:15 Wii Bowling w/ Linda (3-LR)

- 9:30 Morning Stretch (2-AR)
- ✓ 10:15 OUTING: GOODWILL
- 2:00 Resident Council Meeting (3-AR)

3:00 Spiritual Service w/ Wendy (3-AR)

- 9:30 Corn Hole (2-AR)
- 10:30 Skeleton Building Game (3-AR)
- 2:00-4:00 FRIENDS & FAMILY WITH DAVE BECKER (3-DR)



- 9:30 Meditation w/ Beth (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 BINGO (3-AR)

- 25.9:30 Color Therapy (3-AR)
- 10:30 Bayside Community Church Service Stream (1-LR)
- 2:00 Rosary Prayer w/ Catalina (2-AR)
- 3:00 Movie & Popcorn: The Addams Family (1-LR)

- 10:30 Catholic Service (2-AR)

2:00 BINGO (3-AR)
3:00 Movie & Popcorn: Hocus Pocus (1-LR)

- 9:30 Morning Stretch(2-AR)
- 10:30 Water Color Painting (3-AR)
- 1:30 Halloween Trivia (3-AR)
- 2:30 Rummikub Tournament (3-AR)

- 9:30 Cardio Drumming (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 BINGO (3-DR)
- 3:00 Ice Cream Social (3-DR)
- 3:15 Healthy Choices w/ Linda (3-AR)

- 9:30 Morning Stretch (2-AR)
- ✓ 11:00 OUTING: LUNCH TO HONEY TREE CAFE
- 2:00 Arm Chair Travel to New Orleans



- 9:30 Meditation w/Beth (2-AR)
- 10:30 fit minds (3-AR)
- 2:00 GHOSTBUSTERS BINGO (3-DR)



- 9:30 Witch Hat Ring Toss (2-AR)
- 10:30 Spooky Word Games (3-AR)
- 2:00 Happy Hour with Troy Fredric (3-DR)

