



ALF #11835

SEPTEMBER 2025

PLANNED ACTIVITIES ARE SUBJECT TO CHANGE

✓ = Sign-up Required

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1. **HAPPY LABOR DAY !!**
9:30 Meditation w/ Beth (2-AR)
10:30 Super Hero Word Games (3-AR)
1:30 Rummikub Game (3-AR)

2. 9:30 Corn Hole Game (2-AR)
10:30  (3-AR)
2:00  (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Healthy Choices w/ Linda (3-AR)

3. 9:30 Morning Stretch (2-AR)
10:30 September & Sci-Fi Collages (3-AR)
1:30 **Activities & Dietary Meeting (3-AR)**
3:00 **Spiritual Service w/ Wendy (3-AR)**

4. **Happy Birthday James Jackson**
9:30 Cardio Drumming (2-AR)
10:30  (3-AR)
2:00  (3-DR)
3:15 Pool Tournament (2-LR)

5. 9:30 Morning Stretch (2-AR)
10:30 Spelling Bee (3-AR)
2:00 **Happy Hour with Frank D'Ambrosio (3-DR)**


6. **Happy Birthday Phil Martellacci**
9:30 Color Therapy (3-AR)
2:00 Rosary Prayer w/ Catalina (2-AR)
3:00 **Movie & Popcorn: Alien (1-LR)**

7. **HAT DAY!!**
10:15 Catholic Service (2-AR)
2:00  (3-AR)
3:00 **Movie & Popcorn: E.T. the Extra Terrestrial (1-LR)**

8. **SUPER HERO DAY!!**
9:30 Morning Stretch (2-AR)
✓ 10:15 **OUTING: SCAVENGER HUNT**
1:30 Nail Painting (3-AR)

2:30 Rummikub Game (3-FL)

9. **PAJAMA DAY!!**
9:30 Cardio Drumming (2-AR)
10:30 **Movie: Book Club (3-LR)**
2:00  (3-DR)
3:00 Root Beer Floats (3-DR)


10. **POLKA DOT DAY!!**
9:30 Morning Stretch (2-AR)
10:30 **Wellness Day w/ Lalanya from American Lab (3-AR)**
2:00 **Carnival Games with Chucko the Clown (3-FL)**


11. **TIE DYE DAY!!**
9:30 Meditation w/ Beth (2-AR)
10:30 **FULL CATHOLIC MASS WITH FR. JAOBANI (2-AR)**
2:00  (3-DR)
3:15 Resident Store Shopping with Bingo Bucks (3-FL)

12. **SPORTS DAY!!**
9:30 Morning Stretch (2-AR)
10:30 Dinosaur Craft (3-AR)
2:00 **Happy Hour "Jungle Jams w/ JJ" (3-DR)**


13. **DECADE DAY!!**
9:30 Color Therapy (3-AR)
2:00 Rosary Prayer w/ Catalina (2-AR)
3:00 **Movie & Popcorn: Star Wars (1-FL)**


14. 10:15 Catholic Service (2-AR)
2:00  (3-AR)
3:00 **Movie & Popcorn: Spider Man (1-LR)**

15. 9:30 Morning Stretch (2-AR)
✓ 11:00 **LUNCH OUTING: STONEWOOD GRILL**
1:30 Baking Club: Dinosaur Cookies (3-AR)
2:30 Rummikub Game (3-AR)

16. 9:30 Cardio Drumming (2-AR)
10:30  (3-AR)
2:00  (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Wii Bowling w/ Linda (3-LR)

17. 9:30 Morning Stretch (2-AR)
12:00 September Anniversary Luncheon (1-FL)
2:00 **Resident Council Meeting (3-AR)**
3:00 **Spiritual Service with Wendy (3-AR)**

18. 9:30 Corn Hole Game (2-AR)
10:30  (3-AR)
2:00  (3-DR)
3:15 Pool Tournament (2-LR)

19. 9:30 Morning Stretch (2-AR)
✓ 10:15 **OUTING: PUBLIX**
2:00 **Happy Hour Celebrating September Birthdays with Sara & Jan (3-DR)**


20. 9:30 Games w/ Claire (3-AR)
2:00 Rosary Prayer w/ Catalina (2-AR)
3:00 **Movie & Popcorn: Jurassic Park (1-LR)**

21. 10:15 Catholic Service (2-AR)
2:00  (3-AR)
3:00 **Movie & Popcorn: Big Hero 6 (1-LR)**

22. 9:30 Morning Stretch (2-AR)
✓ 10:15 **OUTING: UTC MALL**
1:30 Trivial Pursuit (3-AR)
2:30 Rummikub Game (3-AR)


23. 9:30 Morning Stretch (2-AR)
10:30  (3-AR)
12:00 **New Resident Lunch w/ Shannon (1-FL)**
2:00  (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Healthy Choices w/ Linda (3-AR)

24. **Happy Birthday Phil Hughes & Danielle Bezdek**
9:30 Meditation w/ Beth (2-AR)
10:30 Fossil Painting (3-AR)
2:00 Arm Chair Travel to Argentina

25. 9:30 Morning Stretch (2-AR)
10:30  (3-AR)
4:00-6:00 **Friends & Family "Jurassic Park" w/ Suzanne Lucas (1-FL)**


26. 9:30 Morning Stretch with (2-AR)
10:30 Jurassic Park Hangman Game (3-AR)
2:00  (3-AR)

27. 9:30 Games w/ Claire (3-AR)
2:00 Rosary Prayer w/ Catalina (2-AR)
3:00 **Movie & Popcorn: Super Man (1-LR)**


28. 10:15 Catholic Service (2-AR)
2:00  (3-AR)
3:00 **Movie & Popcorn: The Incredibles (1-LR)**

29. 9:30 Morning Stretch (2-AR)
10:30 Super Hero Craft (3-AR)
1:30 Tri Bond Music Game (3-AR)
2:30 Rummikub Tournament (3-AR)

30. 9:30 Meditation w/Beth (2-AR)
10:30  (3-AR)
2:00  (3-DR)
3:00 Ice Cream Social (3-DR)
3:15 Wii Games w/ Linda (3-LR)



Activity Location Abbreviations
1st FL / 2nd FL / 3rd FL
LB = Lobby
LR = Living Room
AR = Activities Room
DR = Dining Room

Resident Store Information Hours
Visit Activities Office on the 3rd Floor or
Call EXT. 5305 for Assistance

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