

January 2023

PLANNED ACTIVITIES ARE SUBJECT TO CHANGE

✓ = Sign-up Required

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1. 10:30 Catholic Service (2-AR) 2:00 BINGO (3-AR) 3:30 Church w/Marylyn (2-LR) 3:30: Movie (3-LR) "Love Actually"</p>	<p>2. 9:30 Morning Stretch (2-AR) 10:30 Happy New Year Collages (3-AR) 2:00 Mini Manicures (3-AR) </p>	<p>3. 9:30 Exercise w/ Jody (2-AR) 10:30 fit minds (3-AR) 2:00 BINGO (3-AR) 3:00 Ice Cream Social (3-AR) ice cream social </p>	<p>4. HAPPY BIRTHDAY HUBERT GUTHRIE 9:30 Morning Stretch (2-AR) 10:30 Luminaries Craft (3-AR) 2:00 Activities Meeting (3-AR) 2:30 Classic TV Shows (3-LR)</p>	<p>5. 9:30 fit minds (3-AR) 10:30 Spiritual Hour with Margaret (3-AR) 2:00 DICE CARDS BOARD GAMES Game Hour with Frances (3-AR)</p>	<p>6. ✓ 9:30 OUTING: Publix 9:30 Morning Stretch (2-AR) 10:30 Watercolor Class (3-AR) 2:00 Happy Hour with Bobby & Brenda (3-CR)</p>	<p>7. 9:30 fit minds (3-AR) 10:30 Communion / Meditation Service (3-AR) 2:00 BINGO (3-AR) 3:30 Movie & Popcorn (3-LR) "Sense & Sensibility"</p>
<p>8. 10:30 Catholic Service (2-AR) 2:00 BINGO (3-AR) 3:30 Church w/Marylyn (2-LR) 3:30 Movie (3-LR) "Sense & Sensibility"</p>	<p>9. HAPPY BIRTHDAY JACK WATSON 9:30 Morning Stretch (2-AR) 10:30 Snow Globe Craft (3-AR) 2:00 Baking Club: Oatmeal Cranberry Cookies (2-AR)</p>	<p>10. 9:30 Exercise w/ Jody (2-AR) 10:30 fit minds (3-AR) 2:00 BINGO (3-AR) 3:00 Cookie Social (3-AR) Social Cookie </p>	<p>11. 9:30 Morning Stretch (2-AR) 10:30 Wellness Day (3-AR) 2:00 Dietary Meeting (3-AR) 2:30 Bridge Group (3-AR) BRIDGE </p>	<p>12. HAPPY BIRTHDAY RON CURRIE 9:30 fit minds (3-AR) 10:30 FULL CATHOLIC MASS with Father Robert (2-AR) 2:00 Game Hour with Frances (3-AR)</p>	<p>13. ✓ 9:30 OUTING: Christmas Tree Shop 9:30 Morning Stretch with InstruMix! (2-AR) 2:00 Happy Hour with Brad Mandel (3-CR) Happy Hour </p>	<p>14. 9:30 fit minds (3-AR) 10:30 Communion / Meditation Service (3-AR) 2:00 BINGO (3-AR) 3:30 Movie & Popcorn (3-LR) "The DaVinci Code"</p>
<p>15. 10:30 Catholic Service (2-AR) 2:00 BINGO (3-AR) 3:30 Church w/Marylyn (2-LR) 3:30 Movie (3-LR) "The DaVinci Code"</p>	<p>16. 9:30 Morning Stretch (2-AR) 10:30 Word Games (3-AR) 2:00 Mini Manicures (3-AR) MARTIN LUTHER KING JR. DAY </p>	<p>17. 9:30 Exercise w/ Jody (2-AR) 10:30 fit minds (3-AR) 2:00 BINGO (3-AR) 3:00 Ice Cream Social (3-AR) ice cream social </p>	<p>18. 9:30 Morning Stretch (2-AR) 10:30 Jewelry Making (3-AR) 2:00 Resident Council Mtg. (3-AR) 2:30 Winter Trivia (3-AR) </p>	<p>13. 9:30 fit minds (3-AR) 10:30 Spiritual Hour with Margaret (3-AR) 2:00 Game Hour with Frances (3-AR)</p>	<p>20. ✓ 9:30 OUTING: Home Sense 9:30 Morning Stretch (2-AR) 10:30 Garden Club (3-AR) 2:00 Happy Hour with "JJ" (3-CR)</p>	<p>21. 9:30 fit minds (3-AR) 10:30 Communion / Meditation Service (3-AR) 2:00 BINGO (3-AR) 3:30 Movie & Popcorn (3-LR) "Eat Pray Love"</p>
<p>22.  10:30 Catholic Service (2-AR) 2:00 BINGO (3-AR) 3:30 Church w/Marylyn (2-LR) 3:30 Movie (3-LR) "Eat Pray Love"</p>	<p>23. 9:30 Morning Stretch (2-AR) 10:30 Let's Write a Story (3-AR) 2:00 Baking Club: Potato Chip Cookies (2-AR) </p>	<p>24. 9:30 Exercise w/ Jody (2-AR) 10:30 fit minds (3-AR) 2:00 BINGO (3-AR) 3:00 Cookie Social (3-AR) The Cookie Social </p>	<p>25. 9:30 Morning Stretch (2-AR) 10:30 fit minds Cards (3-AR) 2:00 Arm Chair Travel To China (3-AR) CHINA </p>	<p>26. 9:30 fit minds (3-AR) 10:30 Spiritual Hour with Margaret (3-AR) 2:00 Game Hour w/Frances (3-AR) 4:00-6:00 Friends & Family "The Roaring 20's" with Val Herzfeld (1-FLR)</p>	<p>27. ✓ 9:30 OUTING: Target 9:30 Morning Stretch with InstruMix! (2-AR)  2:00 Happy Hour Celebrating January Birthdays with Arun Bhagwat (3-CR)</p>	<p>28. 9:30 fit minds (3-AR) 10:30 Communion / Meditation Service (3-AR) 2:00 BINGO (3-AR) 3:30 Movie & Popcorn (3-LR) "A Good Year"</p>
<p>29. 10:30 Catholic Service (2-AR) 2:00 BINGO (3-AR) 3:30 Church w/Marylyn (2-LR) 3:30 Movie (3-LR) "A Good Year"</p>	<p>30. 9:30 Morning Stretch (2-AR) 10:30 Spelling Bee (3-AR) 2:00 Food Trivia & Hot Chocolate Social (3-AR) </p>	<p>31. 9:30 Exercise w/ Jody (2-AR) 10:30 fit minds (3-AR) 2:00 BINGO (3-AR) 3:00 Ice Cream Social (3-AR)</p>	<p>MARTIN LUTHER KING, JR. DAY MLK, JR. DAY </p>	<p> 2023 HAPPY NEW YEAR <small>© CanStockPhoto.com</small></p>	<p><u>Activity Location Abbreviations</u> 1st FL / 2nd FL / 3rd FL LB = Lobby LR = Living Room AR = Activities Room DR = Dining Room ER = Exercise Room</p>	<p><u>Resident Store Information Hours</u> Monday – Saturday 10:00 AM to 4:00 PM Visit Activities Office on the 3rd Floor or Call EXT. 305 for Assistance</p>