



Assisted Living #11835



*Living  
The Life*

5601 N Honore Ave. • Sarasota, FL 34243 • (941) 355-0303

### DEPARTMENT HEADS

Crystal Christian ..... Executive Director, x5105  
 Ann St. Hilaire ..... Business Office Director,  
 x5103  
 Cindy Black ..... Marketing Director, x5102  
 Melissa Delvalle ..... Wellness Director, x5112  
 Laura Giammona ..... Culinary Services Director,  
 x5145  
 Dan Avella ..... Maintenance Director, x5136  
 Wendy Mills .... Life Enrichment Director, x5305  
 Kitchen ..... x5143



### FEBRUARY BIRTHDAYS!

February 3rd ..... Wayne Haffner  
 February 14th ..... Brenda Watson  
 February 18th ..... Iris Ganimian  
 February 18th ..... Wally Milbrod  
 February 21st ..... Rodney Schwatt  
 February 25th ..... Mike Watson  
 February 26th ..... Joe Fountain



### February 2023



### Valentine's Day Treat

Conversation hearts, also known as candy hearts or Sweethearts, date back to the late 1800s when Oliver Chase and his brother Daniel created the sugary treats. They used vegetable dye to print words on what were originally scallop-shaped confections. Phrases were much longer then, with sayings such as "Married in white, you have chosen right" and "How long shall I have to wait? Please be considerate." In 1902, the famous heart shape appeared and simpler prints came out, like the familiar "Be Mine" or "Kiss Me."

### From the Oval Office

Anyone celebrating a special achievement, from birthdays and graduations to weddings and anniversaries, can get a personal greeting from the U.S. president. You can fill out a form for yourself or someone else at [WhiteHouse.gov/presidential-greeting](https://www.whitehouse.gov/presidential-greeting).



# Welcome Home



Sanford Mullet was born in Bloomfield, Montana. He was one of seven children. Sanford enlisted in the Navy and served for 36 years! Throughout all of his time in the Navy, he traveled and got to see so much of the world. He has been to Russia, China and Peru. He worked in Alaska as a typewriter repairman; Washington, DC, for the National Security Agency; and in Germany in communications. He graduated from Purdue University with a degree in Electrical Engineering.

Sanford was married to his wife, Nancy, for 54 years, has a son, Eddie, and a daughter, Marcy. He is blessed to have 4, beautiful grandchildren.

Sanford loves all sports, but especially football and basketball. He enjoys playing his Grand Marquee Lowrey organ.

Welcome Home, Sanford! We are so happy that you are a part of our DeSoto Palms community!



## MEET OUR NEW DIRECTOR OF WELLNESS!!

Please join us in welcoming our new Director of Wellness, Melissa Delvalle! Melissa has worked in the health field for 28 years. She has worked in many different departments, thus obtaining great knowledge in many, various aspects of the medical field. She graduated with high honors from a nursing school in Puerto Rico, where she is from. This degree started her on her endeavor to become a nurse. She has experience working for Bluestone Bridge, Athena Health, and Citrix, to name a few.

Another one of Melissa's passions is pastry arts. She graduated from Brenda College in Orlando as an International Master Pastry Chef! We welcome you to our DeSoto Palms family, and if you need any taste testers for your pastries, we are here for you!





# Employee of the Month



## CONGRATULATIONS Jose Zarate!

Jose has been at DeSoto Palms since March 2016. He works in our Dietary

Department as a Cook. Jose is a valuable member of our team with his service and dedication to our community, which fully embody our Core Values along with our Mission Statement: "To make a difference in the lives of our residents, their families and our staff by serving with compassion first." Thank you, Jose, for all your hard work and commitment to our DeSoto Palms family! We appreciate you and are glad you are part of our community!



HAPPY NEW YEAR 2023!!!

# WOW!



Let's give a big congratulations to Tom McLaughlin and the DeSoto Palms Songbirds for their amazing holiday performance! This group rehearsed every week for a month and gave our community a wonderful sing-along that spread much joy and happiness during the holiday season. Job well done, ladies and gentlemen!







HAPPY  
Valentine's Day


 Word Search  
**February**

- |           |           |
|-----------|-----------|
| Arrow     | Heart     |
| Candy     | Hug       |
| Card      | Kiss      |
| Cupid     | Love      |
| February  | Red       |
| Flowers   | Roses     |
| Friends   | Sweet     |
| Groundhog | Valentine |

G	V	A	L	E	N	T	I	N	E	F	D	R	A	C
O	F	R	U	O	X	C	O	S	R	E	W	O	L	F
H	E	P	J	V	V	V	R	Q	P	B	A	S	A	R
D	E	W	R	D	N	E	R	I	C	R	J	E	F	I
N	K	A	N	S	B	B	I	X	R	U	C	S	J	E
U	X	D	R	I	N	F	U	O	S	A	P	X	O	N
O	R	L	S	T	A	K	W	V	N	R	B	I	K	D
R	X	I	L	I	E	T	O	D	E	Y	G	M	D	S
G	U	H	H	T	L	E	Y	S	A	F	H	C	T	O
S	F	C	P	D	I	U	W	S	Z	K	D	E	M	R
G	F	O	B	X	Y	I	V	S	I	U	T	K	K	P
U	K	Y	Z	S	B	D	R	K	S	T	J	C	K	K
W	W	Z	K	U	B	L	I	D	U	I	G	O	B	X
C	E	Z	X	P	X	F	H	K	B	U	K	C	A	A

