



*Living
The Life*

Older adults are more sensitive to cold weather yet may not notice their body temperature dropping. The best way to stay warm is to dress in layers, even when indoors.

Employee of the Month



CONGRATULATIONS TO LAUREN JONES!!

Lauren has been chosen as our February Employee of the Month! She has been working in the Dietary Department for a year and a half and is a valuable asset to our team! She is from Georgia and is going to college to be a Marine Biologist. When she is not working she likes going to the beach, playing video games, and hanging out with her roommates who are also DeSoto Palms Employees. She enjoys taking care of the residents and everyone loves Lauren. She is kind, energetic, and is always willing to help. Thanks for all that you do here for our staff and residents! Your hard work doesn't go unnoticed!

We Asked Our Residents to Give Us Some Advice on Love and Marriage!

Always try to find humor in situations.

Never go to bed angry.

Be honest and be truthful.

Compromise.

Pick your battles.

Start the morning out with a kiss.

Be accepting of each other's differences.

Communicate, be open and honest.

Don't sweat the small stuff.

Give space when needed.

Respect each other.

Laugh a lot.

Be loyal to your marriage vows.

Be your own best friends.

Tolerance

Work together to save money.

Stand in your spouse's shoes.

Don't keep your feelings bottled up.

Enjoy your time alone.

Dance together.

Whatever the wife wants, she gets!!

Yes, Dear ...



Welcome Home



WELCOME HOME BOB & NADINE OBERLIN!!

Bob Oberlin was born and raised in Wisconsin until he attended the University of Nebraska on a football scholarship. This is where he met Nadine, who was from Omaha, Nebraska. The couple married shortly after college and made their home in Wilmington, Delaware. Nadine was a kindergarten teacher and Bob worked for the Dupont Company. They have 3 beautiful daughters and are blessed with 4 grandchildren and 3 great-grandchildren. The Oberlins enjoyed golfing, travelling, and spending time with their family. Nadine loved sewing and made all of her family's Halloween costumes! Bob likes repairing things and working with stained glass. The couple will celebrate their 70th wedding anniversary in June! We are so happy to have you in our community!

Welcome New Residents

We welcomed our new residents by hosting a social gathering where all residents could meet each other and talk about their experiences here at DeSoto Palms. It was such a heartfelt afternoon!



Be My Valentine Word Search February

Arrow	Heart
Candy	Hug
Card	Kiss
Cupid	Love
February	Red
Flowers	Roses
Friends	Sweet
Groundhog	Valentine

G	V	A	L	E	N	T	I	N	E	F	D	R	A	C
O	F	R	U	O	X	C	O	S	R	E	W	O	L	F
H	E	P	J	V	V	V	R	Q	P	B	A	S	A	R
D	E	W	R	D	N	E	R	I	C	R	J	E	F	I
N	K	A	N	S	B	B	I	X	R	U	C	S	J	E
U	X	D	R	I	N	F	U	O	S	A	P	X	O	N
O	R	L	S	T	A	K	W	V	N	R	B	I	K	D
R	X	I	L	I	E	T	O	D	E	Y	G	M	D	S
G	U	H	H	T	L	E	Y	S	A	F	H	C	T	O
S	F	C	P	D	I	U	W	S	Z	K	D	E	M	R
G	F	O	B	X	Y	I	V	S	I	U	T	K	K	P
U	K	Y	Z	S	B	D	R	K	S	T	J	C	K	K
W	W	Z	K	U	B	L	I	D	U	I	G	O	B	X
C	E	Z	X	P	X	F	H	K	B	U	K	C	A	A



Happy Valentine's Day

HAVE A SWEET HOLIDAY FILLED WITH LOVE!

