



Assisted Living #11835



*Living
The Life*

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DEPARTMENT HEADS

Shannon Stevens Executive Director x5105
Jennifer White Business Office Director x5103
Cindy Black Marketing Director x5102
Carol Podjan Wellness Director x5112
Bridget Hyatt Asst. Director of Wellness x5166
Laura Giammona Culinary Services Director x5145
Frank Montone Maintenance Director x5136
Wendy Mills Move-in Coordinator x5203
Beth Chulock Activities Director x5306
Kitchen x5143
Activities Department x5305

HAPPY FEBRUARY BIRTHDAYS!!

MAX WYSS	FEBRUARY 2ND
EARLE LEGGE	FEBRUARY 3RD
ANN MARTELLACCI	FEBRUARY 13TH
RODNEY SCHWATT	FEBRUARY 21ST

February 2026



Love and Be Loved

"How you love yourself is how you teach others to love you." —Rupi Kaur

Smitten With Gloves

Gloves have long been associated with romance. Knights were said to carry the glove of a sweetheart in their helmets to bring them good luck. In Victorian England, a suitor would gift a pair of gloves to the girl of his dreams, who'd wear the gloves in public if she returned his affections. And a Latvian tradition calls for brides to fill a hope chest with hundreds of handmade mittens as a sign of devotion.

Layered in Warmth

Older adults are more sensitive to cold weather yet may not notice their body temperature dropping. The best way to stay warm is to dress in layers, even when indoors.



Employee of the Month



CONGRATULATIONS TO LAUREN JONES!!

Lauren has been chosen as our February Employee of the Month! She has been working in the Dietary Department for a year and a half and is a valuable asset to our team! She is from Georgia and is going to college to be a Marine Biologist. When she is not working she likes going to the beach, playing video games, and hanging out with her roommates who are also DeSoto Palms Employees. She enjoys taking care of the residents and everyone loves Lauren. She is kind, energetic, and is always willing to help. Thanks for all that you do here for our staff and residents! Your hard work doesn't go unnoticed!

We Asked Our Residents to Give Us Some Advice on Love and Marriage!

Always try to find humor in situations.

Never go to bed angry.
Be honest and be truthful.
Compromise.
Pick your battles.
Start the morning out with a kiss.
Be accepting of each other's differences.
Communicate, be open and honest.
Don't sweat the small stuff.
Give space when needed.
Respect each other.
Laugh a lot.
Be loyal to your marriage vows.
Be your own best friends.
Tolerance
Work together to save money.
Stand in your spouse's shoes.
Don't keep your feelings bottled up.
Enjoy your time alone.
Dance together.
Whatever the wife wants, she gets!!
Yes, Dear ...



Welcome Home

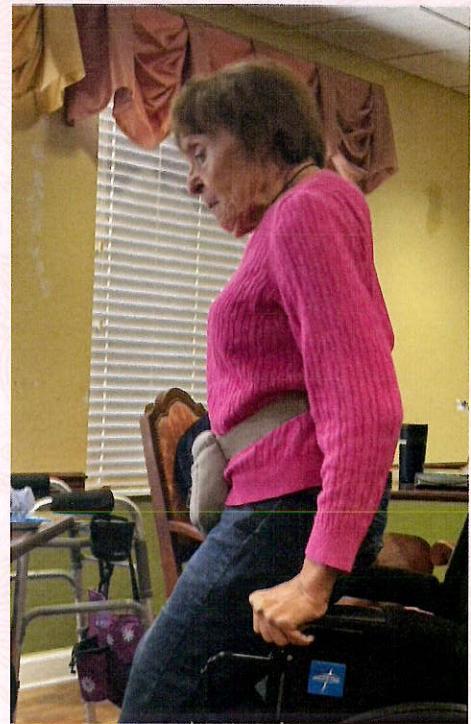


WELCOME HOME BOB & NADINE OBERLIN!!

Bob Oberlin was born and raised in Wisconsin until he attended the University of Nebraska on a football scholarship. This is where he met Nadine, who was from Omaha, Nebraska. The couple married shortly after college and made their home in Wilmington, Delaware. Nadine was a kindergarten teacher and Bob worked for the Dupont Company. They have 3 beautiful daughters and are blessed with 4 grandchildren and 3 great-grandchildren. The Oberlins enjoyed golfing, travelling, and spending time with their family. Nadine loved sewing and made all of her family's Halloween costumes! Bob likes repairing things and working with stained glass. The couple will celebrate their 70th wedding anniversary in June! We are so happy to have you in our community!

Welcome New Residents

We welcomed our new residents by hosting a social gathering where all residents could meet each other and talk about their experiences here at DeSoto Palms. It was such a heartfelt afternoon!





Word Search

February

Arrow	Heart
Candy	Hug
Card	Kiss
Cupid	Love
February	Red
Flowers	Roses
Friends	Sweet
Groundhog	Valentine

G	V	A	L	E	N	T	I	N	E	F	D	R	A	C
O	F	R	U	O	X	C	O	S	R	E	W	O	L	F
H	E	P	J	V	V	V	R	Q	P	B	A	S	A	R
D	E	W	R	D	N	E	R	I	C	R	J	E	F	I
N	K	A	N	S	B	B	I	X	R	U	C	S	J	E
U	X	D	R	I	N	F	U	O	S	A	P	X	O	N
O	R	L	S	T	A	K	W	V	N	R	B	I	K	D
R	X	I	L	I	E	T	O	D	E	Y	G	M	D	S
G	U	H	H	T	L	E	Y	S	A	F	H	C	T	O
S	F	C	P	D	I	U	W	S	Z	K	D	E	M	R
G	F	O	B	X	Y	I	V	S	I	U	T	K	K	P
U	K	Y	Z	S	B	D	R	K	S	T	J	C	K	K
W	W	Z	K	U	B	L	I	D	U	I	G	O	B	X
C	E	Z	X	P	X	F	H	K	B	U	K	C	A	A



Happy Valentine's Day

HAVE A SWEET HOLIDAY FILLED WITH LOVE!