



Assisted Living #11835



*Living
The Life*

5601 N Honore Ave. • Sarasota, FL 34243 • (941) 355-0303 • www.DeSotoPalms.com

DEPARTMENT HEADS

Shannon Stevens	Executive Director	x5105
Jennifer White	Business Office Director	x5103
Cindy Black	Marketing Director	x5102
Carol Podjan	Wellness Director	x5112
Bridget Hyatt	Asst. Director of Wellness	x5166
Laura Giammona	Culinary Services Director	x5145
Frank Montone	Maintenance Director	x5136
Wendy Mills	Move-in Coordinator	x5203
Beth Chulock	Activities Director	x5306
Kitchen		x5143
Activities Department		x5305



HAPPY MARCH BIRTHDAYS!!

CLARA DINUNZIO	102ND!!!	MARCH 5TH
SUZANNE MACVAUGH		MARCH 9TH
LINDA IMBERMAN		MARCH 9TH
LOIS WELCH		MARCH 15TH
CHRIS MARTIN		MARCH 18TH
JOYCE CASTEN		MARCH 19TH
LOU JONES		MARCH 27TH
JOYCE STAMP		MARCH 29TH
JACK RALEIGH		MARCH 29TH

March 2026



Simple Pleasures

"Some old-fashioned things like fresh air and sunshine are hard to beat." —Laura Ingalls Wilder

Welcoming Spring

The vernal equinox, which marks the beginning of spring in the Northern Hemisphere, occurs on March 20. On this day, the sun is directly over the equator, so day and night are of equal length.

Lots of Luck

No luck picking a one-in-10,000 four-leaf clover? Fortunately, there are plenty of other good luck charms around the world that are easier to find:

Acorn. This small seed packs the promise of a mighty oak. English soldiers used to pocket them for protection.

Maneki-neko. Meaning "beckoning cat" in Japanese, this waving feline statue's upright paw symbolizes good fortune.

Horseshoe. Early European settlers brought this lucky charm across the pond, and it has since evolved into a cowboy culture icon.

Team Member
of the
Month



Laura Giammona has been our Culinary Services Director for almost 9 years! Her commitment to DeSoto Palms is unmatched. Laura is the hardest working employee here, hands down. When she is not working, she enjoys riding her Harley Davidson, going to concerts, and hanging out with her husband and her 2 cute dogs. Her favorite holiday is Halloween!! We can't thank you enough for your dedication to our residents and our staff. Your work ethic doesn't go unnoticed. You rock, Laura!!!

 **Thank You**

**WHO LET THE
DOGS OUT?!!!**

They say petting and playing with animals is the best medicine. Well, we sure are healthy here at DeSoto Palms! Every day there is a whole pound of dogs riding the elevators, waiting for treats and always looking for pets and scratches. We love our furry friends!



Happy Birthday



HAPPY 102ND BIRTHDAY CLARA!!!

Wishing you much happiness, health, and love on this extraordinary day! You are so special to us! We love you!



Welcome Home



Daniel Louck was born and raised in Lima, Ohio, and lived there for 23 years. He is one in a family of 5 children. He attended Northwestern Business College where he got his associate degree. Dan worked in grocery stores his whole life, working for Winn Dixie and Clyde Evans. His family moved to Fort Myers Beach and they survived 4 hurricanes! Dan enjoys fishing, riding his Trike bicycle, camping, Bingo, doing jigsaw puzzles, and playing pool. He is an excellent pool player! We are so happy to have you as a part of our DeSoto Palms Community!

Welcome Home, Dan!



Spring
Forward!

Daylight Saving Time

begins the
second Sunday
in March



Everyone's Irish on March 17,
so celebrate

St. Patrick's Day!

We hope your holiday is
filled with good times,
good friends and good luck.

