



*Living
The Life*

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DEPARTMENT HEADS

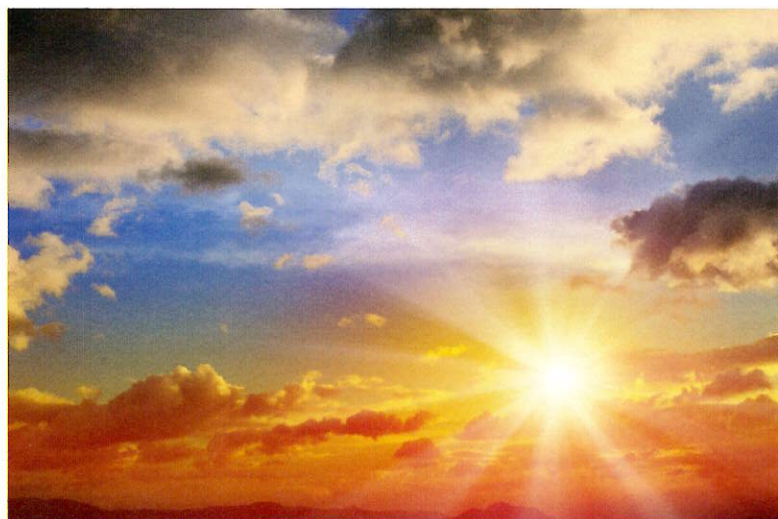
Shannon Stevens	Executive Director	x5105
Jennifer White	Business Office Director	x5103
Cindy Black	Marketing Director	x5102
Carol Podjan	Wellness Director	x5112
Bridget Hyatt	Asst. Director of Wellness	x5166
Laura Giammona	Culinary Services Director	x5145
Frank Montone	Maintenance Director	x5136
Wendy Mills	Move-in Coordinator	x5203
Beth Chulock	Activities Director	x5306
Kitchen		x5143
Activities Department		x5305

HAPPY AUGUST BIRTHDAYS!!!

GLORIA WEINBERG	AUGUST 5TH
LOUISE SANDERS	AUGUST 10TH
MONIKA MANZ	AUGUST 13TH
LONI SERCL	AUGUST 14TH
NADINE OBERLIN	AUGUST 15TH
CARMELLA BASILE	"100TH" AUGUST 16TH
SUSAN BAYER	AUGUST 21ST
DOLLIE MANCILLA	AUGUST 24TH
DOROTHY CASEY	AUGUST 29TH
SILVANA CAPELLO	AUGUST 30TH



August 2026



Spread Sunshine

“Those who bring sunshine into the lives of others cannot keep it from themselves.”
—James Matthew Barrie

A Spider's Lesson

Many attribute the old adage, "If at first you don't succeed, try, try and try again," to the first Scottish king, Robert the Bruce. After being defeated in battle fighting for Scotland's independence in the 14th century, Bruce hid in a cave, where he witnessed a spider trying, failing and trying again at making a web until it had just one silk thread to build from. The experience became a powerful analogy Bruce used to rally troops and secure a victory despite being outnumbered nearly two to one.

Written records of the famous proverb came more than 300 years later in British poet William Edward Hickson's "The Singing Master" and American educator T.H. Palmer's teacher's manual.

Employee of the Month



Congratulations Sofia Alvarez!!

Sofia is our August Employee of the Month. She has been working as a Med Tech/ Resident Aide for 6 months and she does a fabulous job! She was born in Tampa and raised in Bradenton. She has two beautiful children who are 24 & 16 years old. Sofia loves working here, she says the residents are so fun to work with and her coworkers are all easy to get along with. When she is not working, she enjoys taking evening walks, Zumba classes, and shopping. We are so happy that you are part of our team! Your caring and attentive nature makes you stand out in a crowd! Thanks for all that you do, Sofia!

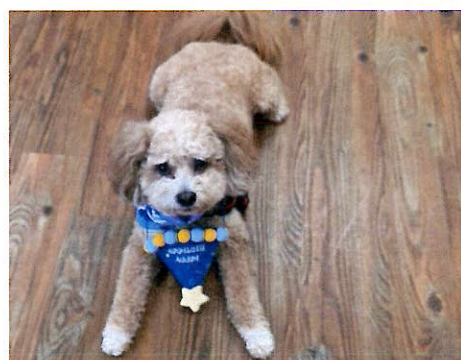
WALK, ROLL, & SPLASH!!

Thanks to Patients First, Balanced Therapy & Wellness, and Quipt for hosting a fun morning for our residents! Everyone's wheelchairs, walkers, and canes were washed and shined up! The children had a great time getting wet, as did our residents!

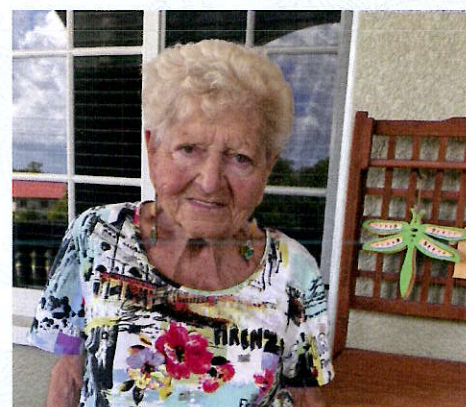




**HAPPY BIRTHDAY TO
LOLA & CHARLIE!
CELEBRATING THE DOG
DAYS OF SUMMER!!**



Welcome Home



Joan Veigh was born in NYC and lived in Merrick, Long Island, for most of her life. She met her husband, George, when she was 14 and married him at the age of 18. They were married for 70 years and have 3 children: Lisa, Steven, and Michelle. She is blessed with 3 grandchildren and 2 great-grandchildren. Joan worked for Pan Am Airlines for 10 years doing insurance work. She and George bought and ran a Bed & Breakfast in Exeter, New Hampshire, for a few years, then returned to Long Island. Joan loved to travel, especially to Naples and Florence, Italy. She is proud of her Italian heritage and has been a member of the Italian Americans Club for years. She enjoys playing Scrabble and has just won her first Rummikub game here! We are so happy to have you as part of our DeSoto Palms Community!

Welcome Home, Joan!



Celebrate ———
National
Senior
Citizens
Day
 ——— on Aug. 21

We're proud to honor
 older adults on this day
 and every day.

N A T I O N A L
S'mores Day

AUG. 10

