



*Living
The Life*

- Heel raises
- Forward and backward stepping
- Standing on one leg
- Standing with feet together

Employee Spotlight

OUR NEW WELLNESS DIRECTOR!!

Welcome Lynn Thurber!



Lynn has been an LPN for 20 years, with 12 of those in Assisted Living Facilities. She is from South Alabama and has been living in Florida with her husband and 3 children for 12 years. Lynn enjoys working for ALFS because she enjoys learning about the residents and she strives to make a difference in their lives. She is excited to get to know our community and the people in it. When she is not working, she enjoys spending time with her family doing outdoorsy things. They like fishing, boating, and traveling. We are so happy to have you as part of our community!

Game On

TAKE ME OUT TO THE BALL GAME!!

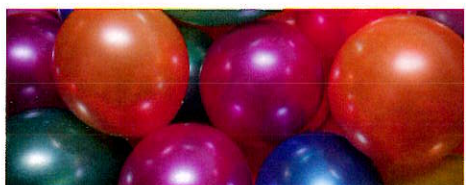
DeSoto Palms residents and staff got the chance to see the Tampa Bay Rays vs. San Diego Padres baseball game and everyone had a ball! Peanuts, Cracker Jacks, hot dogs, beer and rain were flowing even for the extra innings! Thanks to our amazing staff members who helped to make this a memorable day!



Thank You

HAPPY RETIREMENT!!!

Guess it comes in 3s! We are sad to lose 3 of our valued directors, but we are happy for them as they transition into a much-deserved retirement! Best of luck to Frank, Carol, and Beth; may you find some relaxation and fun in your next chapter of life. You will be missed!

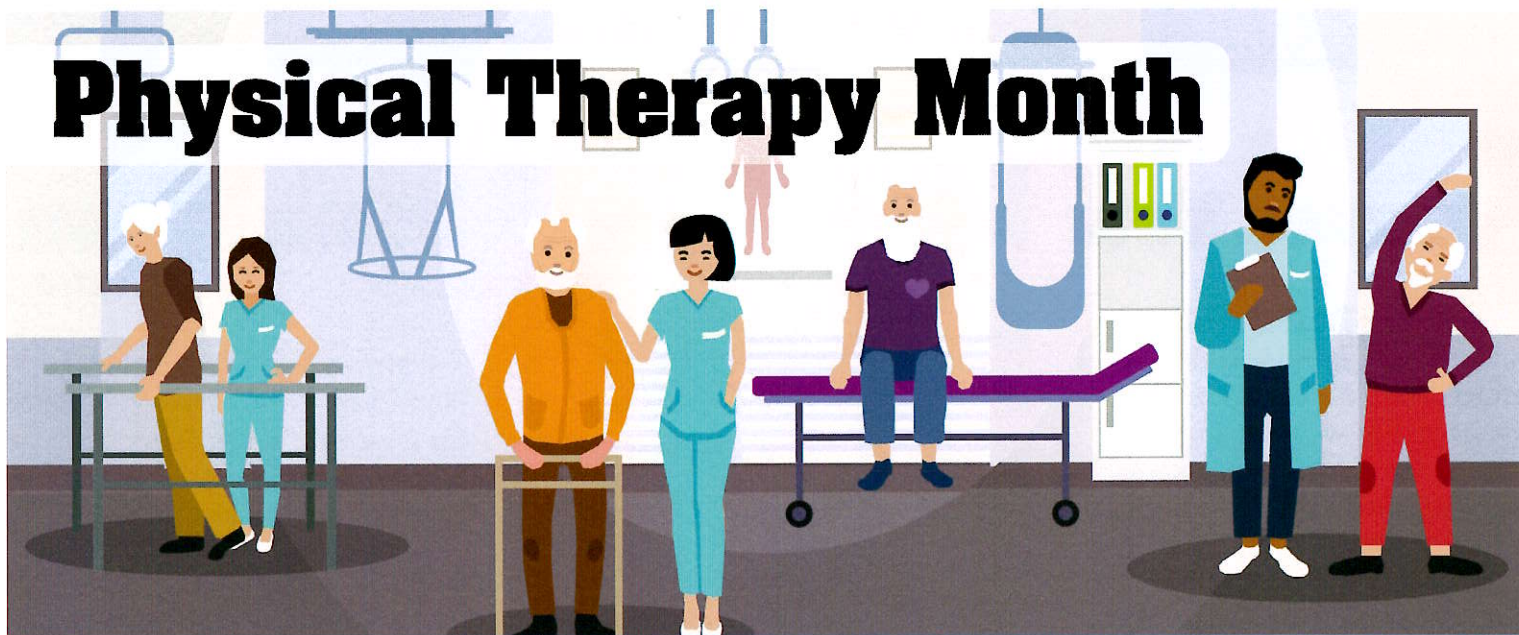


Welcome Home

Patricia Geis was born in Hamilton, Ohio, and lived there for 21 years. She and her husband of 56 years, Robert, raised 5 children and were blessed with 8 grandchildren and 8 great-grandchildren! They left Ohio and moved to Miami where they lived for 20 years. Pat was an Administrative Assistant for the Dade County School Board. They decided to try the West Coast of Florida and moved to Bradenton. Pat enjoyed camping with her family—their favorite place to pitch a tent was at the Disney Campground. Pat also embroidered for many years. She likes living here at DeSoto Palms and is finding her routine. We are so happy to have you as part of our community! Welcome Home, Pat!



Physical Therapy Month



Improving Lives Every Day



NATIONAL
Breast Cancer
Awareness Month
OCTOBER